

# VISIONS OF LEARNING ACADEMY INFANT DAILY SCHEDULE

**Our day begins upon arrival of the first child and ends upon departure of the last child each day. All infant diapers changing, handwashing, feeding and naps occur as needed throughout the day. Children will be encouraged, but will never be forced to participate in any activity.**

6:30- 8:00	Morning arrival, handwashing, feeding, table top toys and games
8:00- 8:45	Physical Development – Development of small and large muscles for movement exercise and function
8:45- 9:15	Breakfast - To be served to all who arrive no later than breakfast time
9:15- 9:45	Social/Emotional Development – Demonstrate and teach healthy safe habits through play.
9:45- 10:30	Gross Motor Outdoors Play Time
10:30-10:45	Preparation for Lunch (Diapering, Bibs, warm bottles etc.)
11:00-11:30	Lunch
11:30-1:00	Story Time/Naptime
1:00-1:30	Tummy Time/Music and Movement which promotes movement and musical abilities
1:30-2:00	Cognitive Development – Introducing the groundwork for cause and effect, experimenting with different objects
2:00-2:15	Nutrition Education-Discussion on trying new foods and nutritional values of all foods in the food chain.
2:15-2:45	Group Activity Time –Arts & crafts, science & discovery, etc. Some days this will be a curriculum planned activity based on our current theme or skill focus such as Spanish, Bible and Sign Language. Other days the children will be given materials to work on their own creations.
2:45-3:15	Gross Motor Outdoor Play – To include free play, exercises and play activities
3:45-4:15	Individual/Small group - Infants will be able to further portions of the Frog Street curriculum as it pertains to the age group and experiences listed for the week and child.
4:15-4:45	Fine Motor Indoors Time - Arts & crafts, science & discovery, building blocks etc. Some days this will be a planned activity based on our current theme or fine motor skill focus
4:45-5:15	Language Development/Sensory – Activity time to include sensory items, opposites etc.
5:15-5:30	Story time/Cleanup time /Last change of day and parent pickup.